

Name _____

Daily Activity Tracker

At home, students should mark the chart each day to record what activities they have done at home.

Date:	Brush Teeth				Shower/Bath	Make Bed	Other Chores*
	a.m.	lunch	dinner	bedtime	Yes/No	Yes/No	(Write in what you did.)
Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							

*(Write in what you did: fold towels, empty dishwasher, run sweeper, etc.)